



# British Gas ASA East Region Youth & BAGCAT Championships (50m) 2011

University of East Anglia Pool – Norwich  
Youth: April 30 & May 1 BAGCAT: June 4, 5, 11 & 12



## QUALIFYING TIMES

Pool Length - 25m

| BOYS        |                       |          |          |          |             |          | EVENT                    | GIRLS                 |          |          |          |             |         |
|-------------|-----------------------|----------|----------|----------|-------------|----------|--------------------------|-----------------------|----------|----------|----------|-------------|---------|
| BAGCATs     |                       |          |          |          | YOUTH       |          |                          | BAGCATs               |          |          |          | YOUTH       |         |
| 10 Years    | 11 Years              | 12 Years | 13 Years | 14 Years | 15/16 Years | 17/OV    |                          | 10 Years              | 11 Years | 12 Years | 13 Years | 14/15 Years | 16/OV   |
| -           | -                     | -        | -        | -        | 26.60       | 26.20    | <b>50m Freestyle</b>     | -                     | -        | -        | -        | 29.80       | 29.70   |
| Need 200 QT | Need 200 QT           | 1:05.61  | 1:02.32  | 1:00.40  | 57.42       | 56.75    | <b>100m Freestyle</b>    | Need 200 QT           | 1:11.06  | 1:07.84  | 1:05.94  | 1:03.63     | 1:03.29 |
| 2:44.15     | 2:31.49               | 2:22.55  | 2:15.65  | 2:10.96  | 2:05.15     | 2:03.61  | <b>200m Freestyle</b>    | 2:44.92               | 2:32.99  | 2:25.83  | 2:21.82  | 2:16.65     | 2:16.21 |
| 5:45.42     | 5:17.31               | 4:59.79  | 4:45.86  | 4:36.93  | 4:25.01     | 4:22.41  | <b>400m Freestyle</b>    | 5:50.11               | 5:19.35  | 5:05.27  | 4:57.41  | 4:46.56     | 4:45.95 |
|             |                       |          |          |          |             |          | <b>800m Freestyle</b>    | 10:50.52 <sup>†</sup> | 10:50.52 | 10:16.18 | 9:58.48  | 9:44.70     | 9:44.70 |
| -           | 19:34.48 <sup>†</sup> | 19:34.48 | 18:37.56 | 18:02.26 | 17:34.06    | 17:23.36 | <b>1500m Freestyle</b>   |                       |          |          |          |             |         |
| -           | -                     | -        | -        | -        | 30.90       | 30.40    | <b>50m Backstroke</b>    | -                     | -        | -        | -        | 33.80       | 33.10   |
| Need 200 QT | Need 200 QT           | 1:14.71  | 1:10.51  | 1:07.91  | 1:04.37     | 1:03.94  | <b>100m Backstroke</b>   | Need 200 QT           | 1:19.85  | 1:15.84  | 1:13.67  | 1:10.79     | 1:10.52 |
| 3:04.10     | 2:49.89               | 2:39.53  | 2:31.48  | 2:26.03  | 2:19.34     | 2:18.19  | <b>200m Backstroke</b>   | 3:05.63               | 2:50.06  | 2:41.80  | 2:37.47  | 2:31.42     | 2:31.42 |
| -           | -                     | -        | -        | -        | 34.90       | 33.80    | <b>50m Breaststroke</b>  | -                     | -        | -        | -        | 38.40       | 37.50   |
| Need 200 QT | Need 200 QT           | 1:24.68  | 1:19.53  | 1:17.01  | 1:12.76     | 1:11.77  | <b>100m Breaststroke</b> | Need 200 QT           | 1:30.86  | 1:26.37  | 1:23.64  | 1:20.51     | 1:20.50 |
| 3:33.75     | 3:16.77               | 3:03.59  | 2:53.50  | 2:47.16  | 2:38.54     | 2:37.27  | <b>200m Breaststroke</b> | 3:33.75               | 3:14.75  | 3:04.62  | 2:59.61  | 2:53.46     | 2:53.46 |
| -           | -                     | -        | -        | -        | 30.10       | 29.10    | <b>50m Butterfly</b>     | -                     | -        | -        | -        | 33.30       | 32.50   |
| Need 200 QT | Need 200 QT           | 1:14.58  | 1:09.85  | 1:07.08  | 1:03.39     | 1:02.43  | <b>100m Butterfly</b>    | Need 200 QT           | 1:20.64  | 1:15.94  | 1:13.61  | 1:10.60     | 1:10.21 |
| 3:15.11     | 2:57.88               | 2:45.46  | 2:35.64  | 2:28.46  | 2:20.82     | 2:18.79  | <b>200m Butterfly</b>    | 3:17.51               | 2:58.01  | 2:47.69  | 2:41.07  | 2:34.13     | 2:34.13 |
| 3:08.68     | 2:52.80               | 2:42.82  | 2:34.22  | 2:29.19  | 2:21.58     | 2:20.44  | <b>200m I.M.</b>         | 3:08.46               | 2:53.07  | 2:44.99  | 2:40.74  | 2:35.30     | 2:34.48 |
| 6:45.81     | 6:10.14               | 5:44.71  | 5:26.73  | 5:16.43  | 5:01.28     | 5:01.10  | <b>400m I.M.</b>         | 6:44.93               | 6:07.60  | 5:48.09  | 5:38.09  | 5:26.49     | 5:26.08 |

<sup>†</sup> These qualifying standards are only available to 11 year old boys or 10 year old girls who will be 12 and 11 respectively by July 25 for entry into the National BAGCAT Championships. These swims will NOT attract any BAGCAT Championship Points

Entry times for all events **must** be eligible for inclusion in the ASA Rankings database

Entries may be rejected, at the discretion of the Promoter, There will be a maximum of 80 athletes accepted for the 800m freestyle and 48 for the 1500m freestyle

**REMEMBER - AGE MEANS AGE AT 12 JUNE 2011 FOR BOTH YOUTH AND BAGCAT AGES. ALL TIMES TO BE ACHIEVED BETWEEN 1st OCTOBER 2010 and the Closing Date**