



Harlow Penguins Swimming Club



7th Spring Junior Development Meet

Swim England East Region Level 3 Licensed meet No. 3ER190465
under ASA Laws & ASA Technical Rules of Swimming

at

Harlow LeisureZone, Essex. CM20 3DT

on

Saturday 2nd March 2019

One Session - Warm-up 18.00

One Session - Warm-up 18.00				
Event 101	HDW	Girls	200m	Free
Event 102	HDW	Boys	200m	Free
Event 103	HDW	Girls	50m	Breaststroke
Event 104	HDW	Boys	50m	Backstroke
Event 105	HDW	Girls	50m	Freestyle
Event 106	HDW	Boys	50m	Butterfly
Event 107	HDW	Girls	50m	Backstroke
Event 108	HDW	Boys	50m	Breaststroke
Event 109	HDW	Girls	50m	Butterfly
Event 110	HDW	Boys	50m	Freestyle