



Harlow Penguins Swimming Club

Autumn Junior Development Meet



Swim England East Region Level 3 Licensed meet No.
under ASA Laws & ASA Technical Rules of Swimming
at

Harlow LeisureZone, Essex. CM20 3DT

on

Saturday 19th October 2019

One Session - Warm-up 18.00				
Event 101	HDW	Girls	200m	Free
Event 102	HDW	Boys	200m	Free
Event 103	HDW	Girls	50m	Breaststroke
Event 104	HDW	Boys	50m	Backstroke
Event 105	HDW	Girls	50m	Freestyle
Event 106	HDW	Boys	50m	Butterfly
Event 107	HDW	Girls	50m	Backstroke
Event 108	HDW	Boys	50m	Breaststroke
Event 109	HDW	Girls	50m	Butterfly
Event 110	HDW	Boys	50m	Freestyle