



Harlow Penguins Swimming Club

www.harlowpenguins.com



8th Eric Shepherd Open Meet

A Level 3 Licensed meet No. 3ER191328
under SE Laws & SE Technical Rules of Swimming

Harlow LeisureZone, Essex. CM20 3DT

Saturday 15th June 2019

INDIVIDUAL ENTRY FORM

Surname:	Forename:
Address:	
Tel:	Club:
email:	DoB:
ASA#:	Age at 15/06/19:
Male / Female:	

DISTANCE	EVENT	ENTRY FEE	ENTRY TIME
200m	Freestyle		
200m	IM		
50m	Backstroke		
50m	Breaststroke		
100m	Butterfly		
100m	Freestyle		
50m	Freestyle		
50m	Butterfly		
100m	Breaststroke		
100m	Backstroke		
	TOTAL FEE	£	No time = no swim

Entry fee £6.00 per event

Please make cheques payable to HPSC
Closing date for entries is 15th May 2019
Completed form & cheque should be sent to:

Jonathan Chan: 117 Parsonage Leys, Harlow. Essex. CM20 3PH.
Only individual entries on this form –electronic Club entries to be sent by SPORTSYS to openmeet@harlowpenguins.com. One cheque per Club.