

Halstead SC 7th Season Sprint Starter
7th September 2019



Warm-Up Details

Sign-In commences 15:30, and closes 16:15

Session 1	Start Time	Finish Time	Club	No of Swimmers	Total
Warm Up #1	16:00	16:12	Borough of Southend Swimming and	14	82
			Chelmsford City SC	38	
			Rochford & District SC	30	
Warm Up #2	16:12	16:24	Braintree & Bocking SC	60	81
			Clacton Swimming Club	21	
Warm Up #3	16:24	16:36	Harlow Penguin SC	60	80
			Harwich Dovercourt/Parkeston SC	20	
Warm Up #4	16:36	16:48	Colchester Phoenix ASC	3	84
			Enfield Swim Squad	2	
			Halstead Swimming Club	67	
			Hemel Hempstead SC	1	
			St Alban	1	
			Colchester	1	
Hornchurch SC	9				